

MOTHER AND CHILD RESOURCES

A Resource Pamphlet Supporting Mothers and Children in Lynn

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INTRODUCTION

The Lynn Public Health Division is dedicated to promoting and protecting the health and well being of all residents in the community. The department is made up of administrators, public health nurses, epidemiologists, and community health workers who bring diverse skills and lived experiences to their work. Their mission centers on improving quality of life by assessing the social determinants of health across the city, identifying areas where support is needed, and strengthening programs that are already successful

INTERNSHIP PROJECT OBJECTIVE

The goal of this project is to gather information on resources provided by the City of Lynn for mothers and children, identify gaps in services, and create an accessible pamphlet. The pamphlet will be distributed to mothers during North Shore Mother Visiting Nurse visits, as well as made available in the Resource Room at Lynn City Hall.

RELATED LITERATURE

“Socioecological disparities and inadequate access to care may be factors in racial inequity in maternal morbidity.” (Barreto et al., 2022, p. 58)

“Among the more recent immigrants, we identified a higher prevalence of hypertension in pregnancy and postpartum financial concerns.” (Brédy et al., 2025, p.641)

MATERIALS & METHODS

Contact local organizations by phone and email to gather information on available community resources.

Collect and compare data from neighboring cities to identify resource gaps and areas for improvement.

Design a clear and accessible pamphlet outlining the resources available within the City of Lynn.



RESULTS

This project produced a resource pamphlet designed to support mothers and infants in the community of Lynn. I was able to compile local programs and services to identify key community resources and address informational gaps that may limit access to care

CONCLUSIONS

The pamphlet should be translated into multiple languages and regularly updated to stay accurate and accessible. Once completed, it will be available in the Resource Room at Lynn City Hall and distributed directly to mothers during the North Shore Mother Visiting Group.

REFERENCES

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ACKNOWLEDGEMENTS

Mulika Champigny (Community Resources Coordinator) - Site Supervisor
Kitzia Diaz - Public Health Nurse
Dr. Amanda Mack - Faculty Instructor